Arlington County Civic Federation

NAVIGATING RICHMOND:
AN ARLINGTONIAN'S GUIDE TO THE GENERAL ASSEMBLY [NOVEMBER 2026]

Our fireside chat with Delegate Dan Helmer on 10 Nov 2026 was a reminder that decisions made in Richmond shape daily life in Arlington, from housing and transportation to schools and local authority. With the 2027 General Assembly session opening on Wednesday 13 January 2027, here is a quick guide to who represents Arlington, how to reach them, and how to find, track, and follow legislation in Richmond.

Start here: Arlington County maintains an excellent one-stop resource for residents, **Vote Arlington: Elected Officials**, with up-to-date contact information for all of Arlington's local, state, and federal elected officials. Our thanks to the County for making it so easy for Arlingtonians to find and connect with the people who represent them.

Arlington's General Assembly Delegation

Office	Member	Area Served	Contact
Senate District 39	Sen. Elizabeth Bennett-Parker (D)	Southeastern Arlington (including Pentagon City and Crystal City), most of Alexandria, and part of Fairfax	senatorbennett-parker@senate.virginia.gov
Senate District 40	Sen. Barbara Favola (D)	Most of Arlington	senatorfavola@senate.virginia.gov
House District 1	Del. Patrick Hope (D)	Part of Arlington	DelPHope@house.virginia.gov
House District 2	Del. Adele McClure (D)	Part of Arlington	DelAMcClure@house.virginia.gov
House District 3	Del. Alfonso Lopez (D)	Part of Arlington and part of Alexandria	DelALopez@house.virginia.gov

Note: Sen. Bennett-Parker succeeded longtime Sen. Adam Ebbin in 2026. All five seats are on the ballot in November 2027. For full contact details, see Arlington County's Elected Officials page.

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Find Your Legislators

- **Who's My Legislator:** Enter your home address to see your state delegate and senator, plus your members of Congress and U.S. senators. District lines in Arlington don't follow neighborhood boundaries, so this is the best way to confirm who represents you.

- **House of Delegates Member Directory:** Contact information, committee assignments, and district descriptions for every delegate.

- **LIS Member Listing:** Every delegate and senator, with links to the bills they've introduced and how they've voted.

How to Find and Track Legislation

- **Legislative Information System (LIS), 2027 Session:** The General Assembly's official source for legislation. Search bills by number, keyword, subject, or patron; read bill text, summaries, and fiscal impact statements; and view committee dockets, floor calendars, vote tallies, and the state budget. Bills are numbered by chamber (for example, HB for House Bills and SB for Senate Bills).

- **Lobbyist-in-a-Box (on LIS):** A free LIS tool that lets you create a personal list of bills and receive email updates as they move through committee and floor votes. Look for the 'LOBBYIST in a BOX' link on the LIS session page.

- **Virginia Public Access Project (VPAP) Bill Search:** A nonpartisan site to look up legislation by issue, see bill status and voting records, and follow close votes and lobbying activity.

- **Meeting schedules and live video:** All House and Senate committee and subcommittee meetings are streamed and archived. The LIS session page lists upcoming meetings, including interim commissions meeting now before session.